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Fall	Football Girls Volleyball	Citos Marinez	MariGW@fUSD.net

L HRRHN MRS SDL DMS

The Jurupa Hills High School athletic program is committed to excellence in academics and athletics. We are dedicated to Pursuing Victory with Honor, to adhering to the rules of competition and sportsmanship, and strive to bring pride and respect to our community, our school, our sport, our teammates, our adversaries, and ourselves.

As teacher/coaches and student-athletes, we understand that **b**
 d b f **df d**. Jurupa Hills High School is a proud member of the CIF program Pursuing Victory with Honor ([CIF Website](#)), the CIF Southern Section and the San Andreas League.

The Fontana Unified School Board prohibits, at any district school or school activity, unlawful discrimination, harassment, intimidation, and bullying of any student based on the student's actual race, color, ancestry, national origin, ethnic group identif

B H E F T H C D H M D R

In accordance with the state of California and the California Interscholastic Federation, the following are provisions for participating in an after-school sports team:

- A student must not reach their 19th birthday on/or before June 14th of the previous year.
- A student must have attended high school for no more than eight (8) semesters after completing the eighth grade.

B C D L H B D H F H A H I S X

- The student-athlete must have passed 20 semester credits of schoolwork in the previous grading period.
- The student-athlete must be currently enrolled in 20 semester credits of schoolwork.
- The student-athlete must have attained a 2.00 grade point average on a 4.0-point scale the previous grading period.
- After each grading period, the registrar will publish to the athletic department a list of students who fall below a 2.00 grade point average. The athletic department will communicate to head coaches the ineligible student-athletes for that quarter.
- **bdc d e d** : If a student-athlete falls below a 2.00 grade point average, they may retain their eligibility, on a probationary basis, if granted by the principal. Only Varsity athletes will be considered for appeals.

D R H C D M B D D H F H A H I S X

All students who transfer (are admitted) to Jurupa Hills High School (i.e., do not begin their enrollment at Jurupa Hills High School on their first day of the ninth grade) must see the athletic director to determine eligibility.

B N M C T B S B H E B N C D N E D S G H B R

Athletics is an integral part of the school's total educational program. All school

As an athlete, I understand that it is my responsibility to:

1. Place academic achievement as the highest priority.
2. Show respect for teammates, opponents, officials and coaches.
3. Respect the integrity and judgment of game officials.
4. Exhibit fair play, sportsmanship and proper conduct on and off the playing field.
5. Maintain a high level of safety awareness.
6. Refrain from the use of profanity, vulgarity and other offensive language and gestures.
7. Adhere to the established rules and standards of the game to be played.
8. Respect all equipment and use it safely and appropriately.
9. Refrain from the use of alcohol, tobacco, illegal and non-prescriptive drugs, anabolic steroids or any substance to increase physical development or performance that is not approved by the United States Food and Drug Administration, Surgeon General of the United States or American Medical Association.
10. Know and follow all state, section and school athletic rules and regulations as they pertain to eligibility and sports participation.
11. Win with character, lose with dignity.

As a condition of membership in the CIF, all schools shall adopt policies prohibiting the use and abuse of androgenic/anabolic steroids. All member schools shall have participating students and their parents / legal guardian/caregiver agree that the athlete will not use steroids without the written prescription of a fully licensed physician (as recognized by the AMA) to treat a medical condition (Article 523).

All Spartan Athletes are expected to CIF Code of Conduct as well as school and specific team rules. Failure to do so may result in the following phases of discipline:

- 1st Offense - Warning - verbal communication between player and coach
- 2nd Offense - Parental contact - possible loss of playing time
- 3rd Offense - Meeting between player, parent and coach - possible suspension from team
- 4th Offense - Meeting with parents, player, coach and Athletic Director - possible dismissal from team.

*Note: At any step within this process, the Athletic Director reserves the right to place the student on Athletic Probation

Hazing is prohibited. Any attempt to hold a "rookie night" or any other type of initiation, even if held privately, will be cause for dismissal from the team. Jurupa Hills High School and the Fontana Unified School District will uphold the dignity of every student. Hazing is unacceptable conduct, as well as illegal, and will not be tolerated.

ETMC IRMF

All campus fundraising must be done through approved Jurupa Hills ASB clubs only. The law expressly forbids fundraising for outside organizations or for

Anyone associated with an athletic contest has a responsibility to uphold the highest standards of sportsmanship before, during, and after a contest.

Sportsmanship includes, but is not limited, to the following:

- Show respect for teammates, opponents, and officials.
- Treat opponents as guests in your facility.
- Accept both victory and defeat with grace and dignity.
- Refrain from heckling, jeering, or using profane language.
- Be positive in words and actions.

Parents are the primary role models for their children. It is critical that parents set the best example of sportsmanship, particularly when they are spectators at an athletic contest.

R DB S SN F THCD HMDR

Parents and spectators at Jurupa Hills High School athletic contests are expected to demonstrate good sportsmanship at all times. The administration and staff at Jurupa Hills High School will hold all spectators at our athletic events to the highest standards of good sportsmanship. Spectators who are unable to exhibit the necessary sportsmanship to attend our athletic events may be subject to some or all of the following disciplinary action:

- Verbal reminder
- Removal from the site for the remainder of the contest
- Meeting with Jurupa Hills administration
- Permanent banning from Jurupa Hills athletic contests
- Student-Athlete removed from the team

CIF STATE Bylaw 503. M. and Article 22.C.(1)(2)(3)(4)

If a spectator is ejected from a contest, it is the responsibility of the school to ensure that person does not attend that team's next contest. If the same spectator is ejected a second time, it is the responsibility of the school to ensure that person does not attend any of the remaining contests for that season.

S MR N S SHN M

In order to travel with a team, student-athletes must be eligible to compete in the contest to which the team is traveling. The only time athletes may arrive at an athletic contest without traveling in transportation coordinated by the school is: On a Saturday or non-regular school day if school is not in session, then it is the parent's responsibility to provide transportation to the site of the contest.

TURNING IN EQUIPMENT

Uniforms and any equipment issued to the players must be returned in good condition* within one week of the last competition. Players who do not turn in equipment/uniforms will not be allowed to participate in the next sport until it is received, or Jurupa Hills High School has been monetarily reimbursed for the cost of replacement.

*Good condition is defined as usable for the next sports season. Uniforms should not have any tears, rips, holes, or discoloration from improper washing (wash all uniforms in cold water and hang-dry).

TRANSFER RULE

To emphasize the importance and great degree of commitment asked of the Jurupa Hills athlete: any student-athlete who quits a team once they have been selected for that team, may not join any other Jurupa Hills team until the conclusion of that first sport's season. This rule may be waived at the sole discretion of athletic administration.

INJURY PREVENTION

Jurupa Hills has an on-staff athletic trainer to assist student-athletes during practice or contests. If a student-athlete suffers an injury during practice or contests, the onsite medical personnel will respond first. If the trainer is not available, the on-site coach will assess the extent of the injury and call the student-athlete's parents (non-serious injury) and/or 911 for emergency medical treatment.

PHYSICAL EXAMINATIONS

Students wishing to participate in an interscholastic sport must show evidence of having a physical examination given by a licensed California physician that covers their entire season of sport. Jurupa Hills High School hosts on-site physicals in May that are good for one year. There is a nominal fee for the examination. Student-athletes who miss the examinations must arrange for one on their own.

CNB SN R MNSD

All athletes that have seen a doctor for _____ reason require a _____ d _____ dc b _____ dd d in order to participate in practice and/or contests. No athletes under the care of a doctor for an infected wound may participate in practices or contests without a _____ d _____ dc b _____ dd d from their attending physician.

SG DSHB SHB H SHN M DF HRS SHN M MCB N MRDMS EN L

No student-athletes may tryout, practice or compete for a team or with a team until their Athletic Clearance Packet has been completed electronically at <https://www.athleticclearance.com/>

NTSRHCD B NL DSHN M

According to CIF rules, no student-athlete may participate on a non-school team of the same sport during the same season. This includes leagues, tournaments, charity games, all-star games, 3-3 tournaments, college classes, etc. Since participation in a non-school event of the same sport will render an athlete ineligible and force the forfeiture of any Jurupa Hills contest, student- AND CONSENT F athletes must check with the Athletic Director if there is any doubt as to whether a competition is permissible according to CIF by-laws.

U RIX HMR

Each student-athlete who successfully completes and varsity season and meets all varsity criteria will receive a pin.

SHB H SHN MB D SHEHB SDR

These certificates are presented to all athletes who were active and consistent members of a particular team on any level.

RB GN SG DSD V C

Varsity Letterman will receive a scholar athlete patch. Lower-level scholar athletes will receive a certificate only. This award is presented to students who have participated in athletics and who have maintained a 3.5-unweighted grade point average (with no F's) during the season of sport.

Fall Sports - Quarter 1
Winter Sports - Semester 1
Spring Sports Quarter 3

B NRSNE V CR

d d , \$5 with an ASB Card/ \$20 without ASB Card
R b , \$1 with an ASB Card/ \$5 without ASB Card
Rb d d b - \$2 with an ASB Card/ \$10 without ASB Card